

## BULGARIAN BAG



Genuine Leather Bag M  
(30 lbs., 14kg)



Genuine Leather Bag M  
(26 lbs., 12kg)



Genuine Leather Bag M  
(22 lbs., 10kg)



Genuine Leather Bag XL  
(58 lbs., 26kg)



Genuine Leather Bag XL  
(50 lbs., 22kg)



Genuine Leather Bag XL  
(44 lbs., 20kg)



Genuine Leather Bag L  
(42 lbs., 19kg)



Genuine Leather Bag L  
(37 lbs., 17kg)



Genuine Leather Bag L  
(33 lbs., 15kg)



Genuine Leather Bag XXL  
(84 lbs., 38kg)



Genuine Leather Bag XXL  
(75 lbs., 34kg)



Genuine Leather Bag XXL  
(66 lbs., 30kg)

# Black Choke Dummy

**L**

35 lbs

for athletes 190-250 lbs



**M**

30 lbs

for athletes 140-190 lbs



# DIP BAR METAL



# Drum Pulley Endless



## SPEED DUMMY GRECO



**Suples Fit**  
**Speed Dummy®**





Freestyle  
**Speed Dummy®**



# Wall Belts

## for Gladiator Wall



# GLADIATOR ROPE



in action  
Wall Rope



# GLADIATOR WALL





Greco-roman  
**Speed Dummy®**



Get your H.I.R.T.S.® W-Attachment



(Gladiator Wall and Dip Bar are sold separately)

# SPEED DUMMY GRECO

**L**  
46-52 lbs  
68 in

for athletes 190-250 lbs



**M**  
36-44 lbs  
63 in

for athletes 140-190 lbs



**S**  
31-35 lbs  
58 in

for athletes 90-140 lbs



Speed Dummy® with  
Stump - L  
(46lbs, 21kg)

Speed Dummy® with  
Stump - M  
(36-44lbs, 17kg)

Speed Dummy® with  
Stump - S  
(33lbs, 15kg)

# Speed Dummy® with Legs all sizes

## SPEED DUMMY FREESTYLE



Speed Dummy® with Legs - L  
(46-52 lbs, 68 in-24kg)

Speed Dummy® with Legs - M  
(36-44 lbs, 63 in--20kg)-\*Out of

Speed Dummy® with Legs - S  
(31-35 lbs, 58 in -15kg)

Speed Dummy® with Legs - XS  
(25-30 lbs, 52 in-13kg)

# SUPLES BONE DUMMY

**L**

75-80 lbs  
68 in

for athletes **190-250** lbs



**M**

70-75 lbs  
63 in

for athletes **140-190** lbs



**S**

53-58 lbs  
58 in

for athletes **90-140** lbs



**XS**

35-40 lbs  
52 in

for athletes **60-90** lbs



Suples Bone Dummy Black Vinyl - L  
(80-85 lbs)

Suples Bone Dummy Black Vinyl - M

Suples Bone Dummy Black Vinyl - S  
(53-58 lbs)

Vinyl Bone Dummy Black - XS  
(35-40 lbs)

# **Suples Dummy with Legs – Genuine Leather all sizes**

# **FREE STYLE DUMMY**

**L**

78-85 lbs  
68in

for athletes **190-250** lbs



Suples Dummy with Legs  
Genuine Leather - L  
(78-85 lbs, 68 in- 38kg)

**M**

60-65 lbs  
63in

for athletes **140-190** lbs



Suples Dummy with Legs  
Genuine Leather - M  
(60-65 lbs, 63 in- 30kg)

**S**

50-55 lbs  
58in

for athletes **90-140** lbs



Suples Dummy with Legs  
Genuine Leather - S  
(50-55 lbs, 58 in- 24kg)

**XS**

30-35 lbs  
52in

for athletes **60-90** lbs



Suples Dummy with Legs  
Genuine Leather - XS  
(30-35 lbs, 52 in- 15kg)

## Suples® Dummy with stump - Genuine Leather all sizes

## GRECO DUMMY

**L**

78-85 lbs  
68in

for athletes **190-250** lbs



**M**

60-65 lbs  
63in

for athletes **140-190** lbs



**S**

50-55 lbs  
58in

for athletes **90-140** lbs



**XS**

30-35 lbs  
52in

for athletes **60-90** lbs



Suples Dummy with stump - Genuine  
Leather - L  
(78-85 lbs, 68 in)

Suples Dummy with stump - Genuine  
Leather - M  
(60-65 lbs, 63 in)

Suples Dummy with stump - Genuine  
Leather - S  
(50-55 lbs, 58 in)

Suples Dummy with stump - Genuine  
Leather - XS  
(30-35 lbs, 52 in)

## SUPLES FIT BALL



**Color Coded Weighted Suples Fit Bars will then be ordered separately from the basic package based on each athlete needs**

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Yellow bar – 10 kg or 22 lbs



Green Bar 15 kg or 33 lbs



Red Bar 22kg or 48 lbs



Black Bar 30kg or 66 lbs

## SUPLES SPARTAN BAR

